

Northshore Emergency Management Coalition

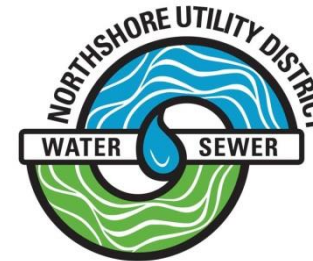


Kenmore

Lake Forest Park

Northshore Fire District

Northshore Utility District



Prepare



in a
Year



www.DisasterReadyWashington.com

1 HOUR of planning and action each MONTH
leads to successful PREPAREDNESS



**2 WEEKS
READY**



NorthshoreEMC.com

**Drop by our
NEMCo Table
To get your
Free Copy**

Create an Action Plan



What disasters or hazards can affect you?

-  Natural
-  Technological & Accidental
-  Terrorism



Hazards in our Community



Wildfires



Hot Weather



Floods



Landslides



Windstorms



Winter Storms

Hazards in our Community

Earthquakes



Tsunamis



Volcanoes



Earthquake Secondary Effects

- After Shocks
- Seiche
- Liquefaction
- Fires
- Power Outage

Emergency & Disaster Preparedness

1. Be Informed
2. Make a Plan
3. Build Your Kits
4. Become Involved



1. Be Informed

Get the latest information.



NorthshoreEMC.com/alerts

ALERT

NORTHSHORE



NorthshoreEMC.com

2. Make a Plan



DEVELOP A COMMUNICATIONS PLAN



Write down
emergency
contact
information



Texts are
more likely
to go through



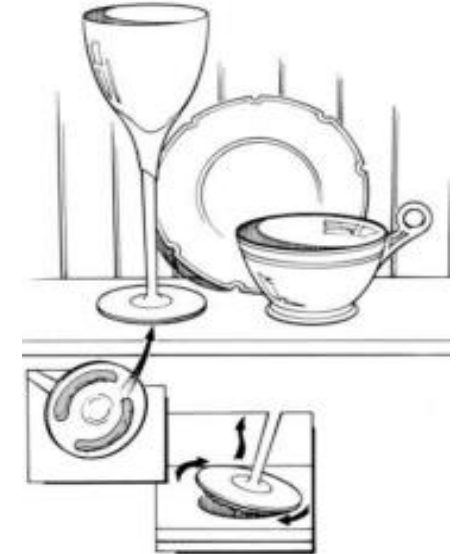
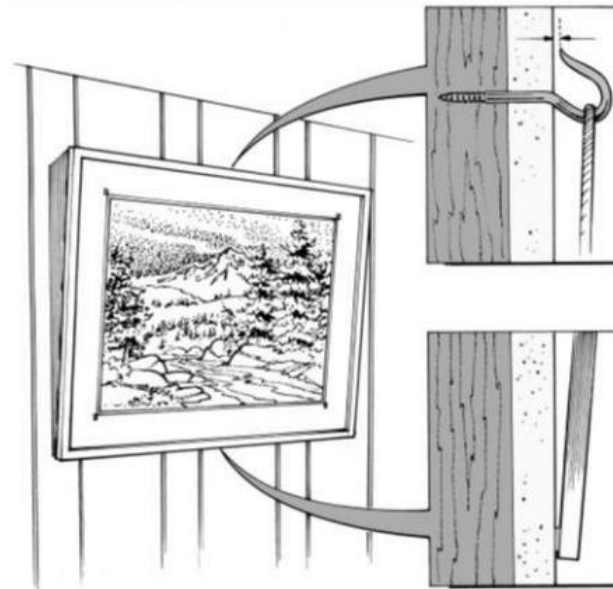
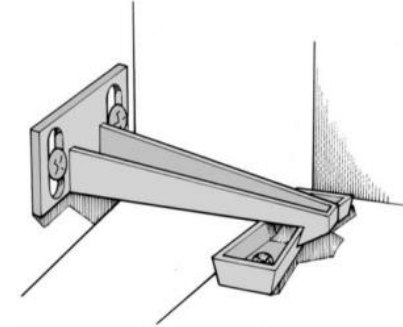
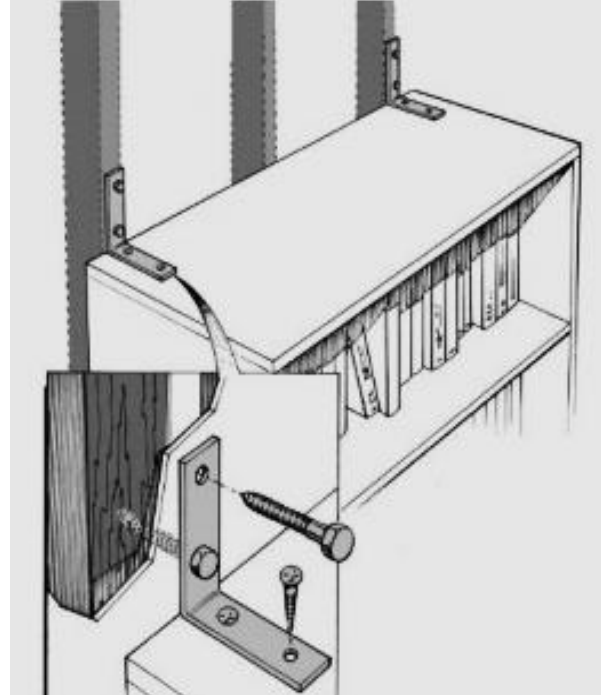
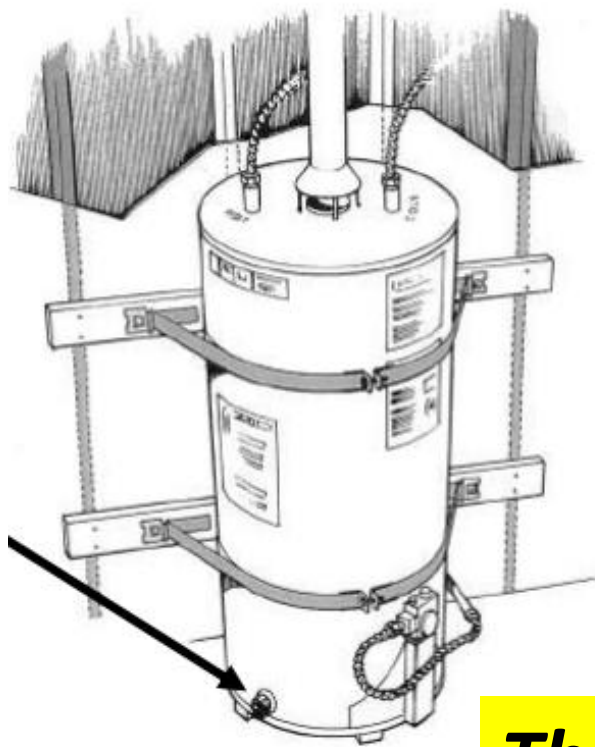
Have an extra
cell phone
charger and
batteries



An out-of-area
contact can serve
as a relay point
for family
communication

2. Make a Plan – Hazard Hunt

- Secure Wall Hangings
- Secure Tall Furniture, Kitchen & Cabinet
- Securing the Water Heater
- Structural Mitigation – older then 1985?



MUSEUM WAX

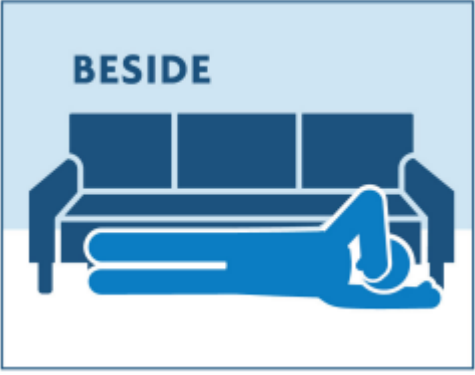
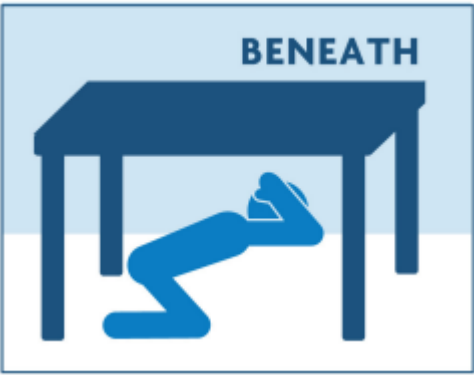


The Entire Family Can Help Get Ready

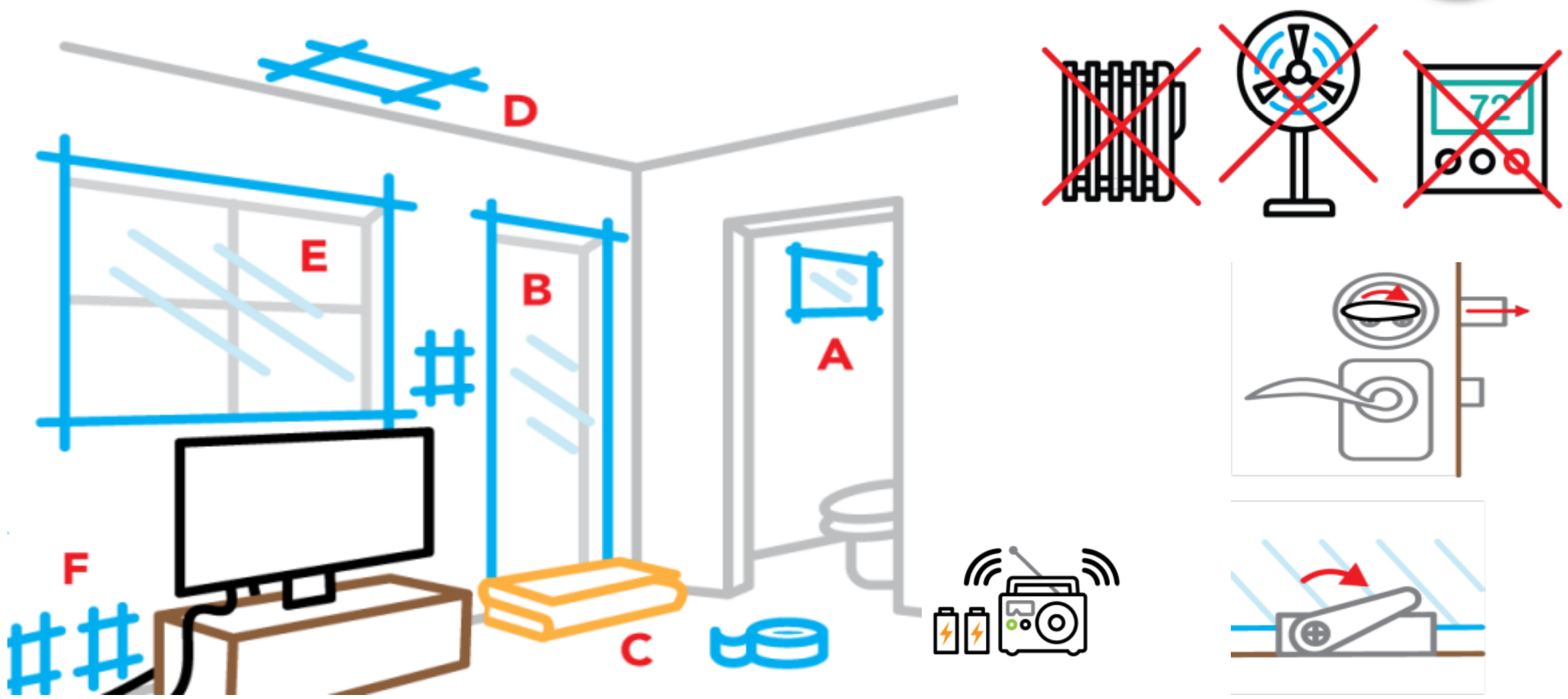
2. Make a Plan – Drop, Cover, Hold



Never stand in a doorway



2. Make a Plan – Shelter in Place



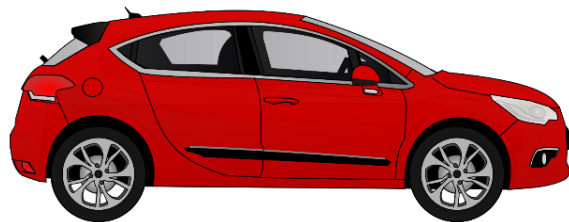
2. Make a Plan - then Practice



Practice: evacuation, shelter-in-place, walk home, send a text, **GO CAMPING!**

3. Build Your Kits

- Home Supplies Kit
- Grab & Go Kits
 - ✓ Adults
 - ✓ Child/Infant
 - ✓ Pets
- Vehicle Safety Kit



3. Build Your Kit - Documents



**Gather important documents.
Take pictures or scan. Put them in
a waterproof container.**

- Insurance policies
- Health cards
- List of medications
- Birth certificates
- List of important phone numbers

3. Build Your Kit – Home Supplies

What do you already have?

➤ Food

- Refrigerator
- Freezer
- Pantry

➤ Water

- Hot water heater
- Ice cubes
- Toilet tank (not bowl)

➤ First Aid



3. Build Your Kit – Home Supplies

CAMPING

BUILD KITS

Plan to be on your own for at least 2 weeks



- 1 gallon of water per person, per day
- Food (non-perishable)
- Comfort/entertainment
- Medical equipment
- Glasses/eye care
- Fire extinguisher
- Can opener
- NOAA alert radio
- Flashlight
- Personal hygiene items
- Tools
- Pet supplies
- Cash
- Toilet paper
- Medications
- Identification & important documents

Keep at least 2 weeks of supplies in your home. Have smaller kits for work, for every family member, and pets. Have a vehicle safety kit too.

To get a monthly email from the "do 1 thing" website, click on the logo:

do 1 thing

do1thing.com

3. Build Your Kit – Grab & Go



**Purchased
Kit**



Adult Kit

**Can you leave your home
in < 15 minutes?**

3. Build Your Kit – Car Kit

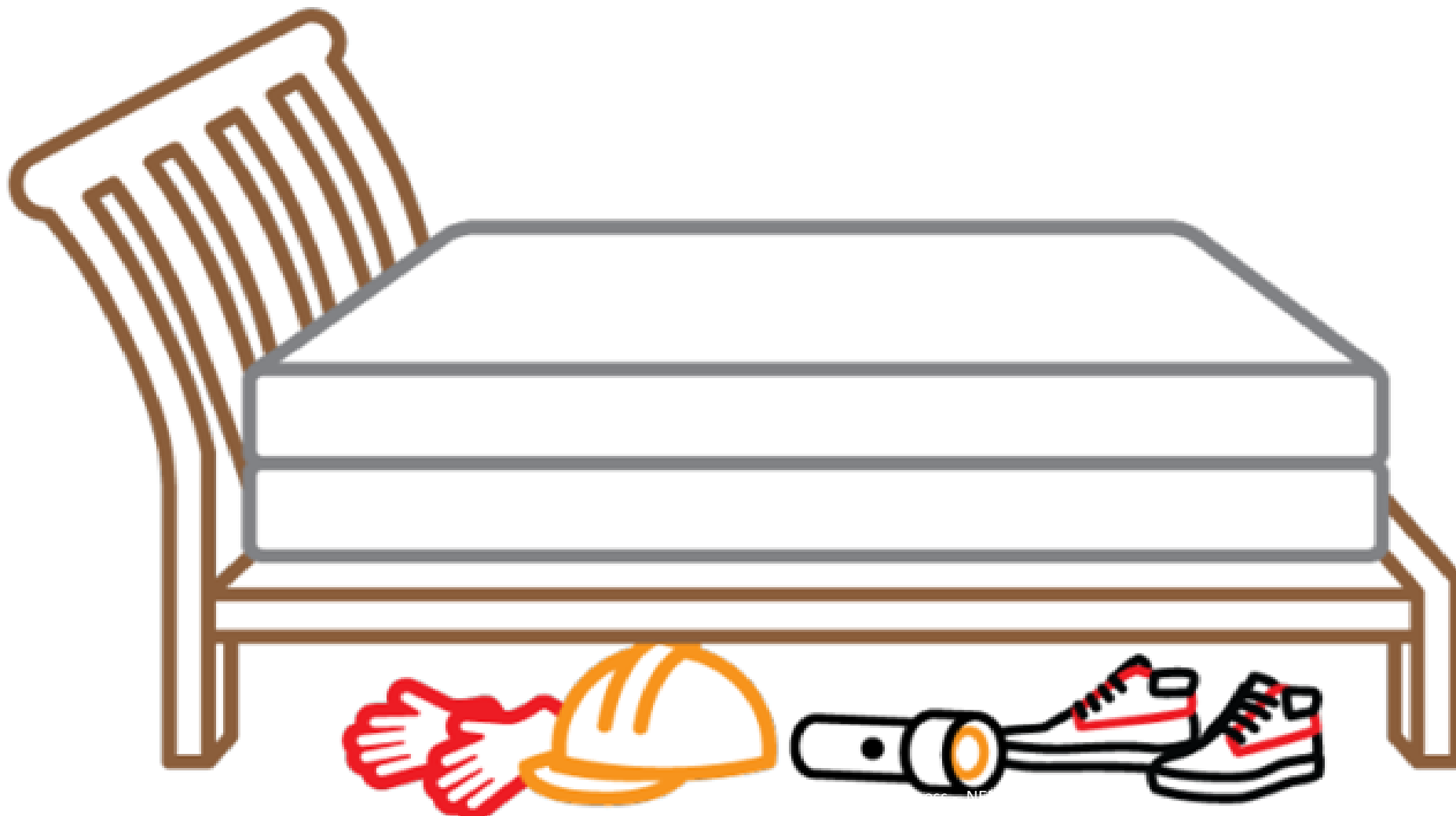


Prepare



in a
Year

9. Under the Bed

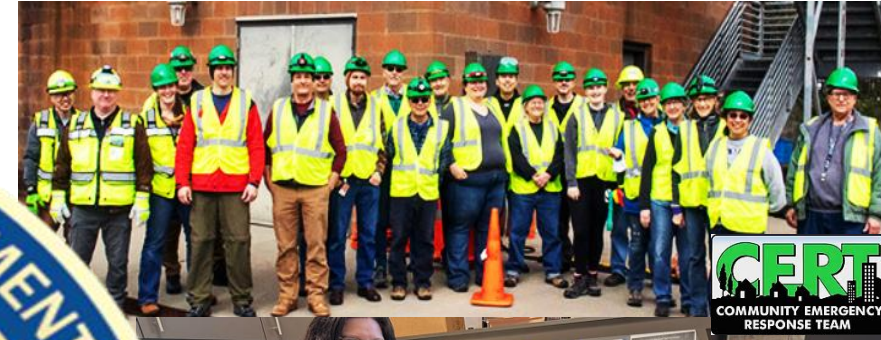


- Shoes
- Flashlight
- Gloves
- Pry bar
- Ok/Help Card
- Whistle

4. Get Involved

Community Emergency Response Team (CERT)

- 3 classes a year
- Monthly “all volunteer” meetings



Citizen Workshops

- 2 per year

Amateur Radio

- Training classes, FCC License
- Monthly trainings



Drone Program

- Training classes
- Aid Search & Rescue, support Hazard Assessments

