

NEMCo is a partnership among the cities of Kenmore and Lake Forest Park, the Northshore Fire Department, and the Northshore Utility District. Its purpose is to maximize each of the participating agencies emergency preparedness efforts and resources to efficiently serve our community. NEMCo's focus is in line with the National Preparedness Goal to engage the whole community to prevent, protect against, mitigate, respond to, and recover from all types of emergencies and disasters through education and volunteer coordination.

NEMCo's approach focuses on five critical areas:

Prevention. Prevent, avoid, or stop an imminent, threatened or actual act intended to harm our community.

Protection. Protect our citizens, residents, visitors and assets against the greatest threats and hazards in a manner that allows our interests, aspirations and way of life to thrive.

Mitigation. Reduce the loss of life and property by lessening the impact of future disasters.

Response. Respond quickly to save lives, protect property and the environment, and meet basic human needs in the aftermath of a catastrophic incident.

Recovery. Recover through a focus on the timely restoration, strengthening and revitalization of infrastructure, housing, and a sustainable economy, as well as the health, social, cultural, historic, and environmental fabric of our affected community.

NEMCo volunteers consist of Federal Communications Commission (FCC) licensed members of the Radio Amateur Civil Emergency Service (RACES), Community Emergency Response Team (CERT) members, and community volunteers. While RACES and CERT members have their own meetings,

requirements, and training, they often coordinate with community volunteers to assist local partners in related events and preparedness activities.

NEMCo sponsors several emergency preparedness seminars and workshops throughout the year for interested community members. These workshops are designed to improve the readiness of citizens by providing tips on emergency preparedness kits, water, food/cooking, and radio communications. There are also opportunities for hands-on training in using fire extinguishers, shutting off utilities, and safe generator operation.

RADIO AMATEUR CIVIL EMERGENCY SERVICES (RACES)



RACES consists of amateur radio (ham) operators that may be activated in emergency situations to provide radio communications. They are governed by the rules and regulations (Part 97) of the FCC. RACES members may hold either Technician, General, or Extra class licenses, which grant privileges to particular amateur frequencies. Additional information on RACES activities and training can be found at www.NorthShoreEMC.com.



NEMCo RACES meets monthly. During the meetings, volunteers discuss community events, technical issues, recent NEMCo developments, training, deployments, and other items of interest to the group. Meetings are open to the public, and are held at Northshore Fire Station 51, 7220 NE 181st Street, in Kenmore.

COMMUNITY EMERGENCY RESPONSE TEAMS (CERT)



CERT training is designed to educate and prepare community members about disaster preparedness and train them in basic disaster response skills such as fire safety, light urban search and rescue, team organization, disaster medical operations, and other related safety areas. NEMCo provides at least two CERT Academy courses each year. CERT members receive certification that they have attended the course. Members are not authorized to respond on behalf of any agency but may be called upon to supplement and assist existing emergency responders during - and after - disasters.

Typical activities include: damage assessment, minor fire suppression, sandbag operations, urban search and rescue, disaster first aid, pet sheltering, points of supply distribution and being a resource to your neighbors.

COMMUNITY VOLUNTEERS



Community volunteers make up the remaining NEMCo membership. They often assist in public service events (such as fun runs), participate in safety workshops, and contribute to discussions about emergency preparedness. These volunteers may also serve as role players in simulated emergencies, acting out a variety of physical injuries to provide a sense of realism for first responder training.

All NEMCo members and the public are welcome to attend and participate in monthly volunteer meetings.

Additional information on all of these NEMCo activities can be found on our website: www.NorthShoreEMC.com.

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