

What is CERT?

CERT is an organization of volunteer emergency workers who have received specific training in basic disaster response skills to supplement existing emergency responders in a major emergency or disaster or utilize their skills to assist family members and neighbors. Following a major disaster, local fire, police, city, and other first responders may not be able to meet the demand for their services. Residents and visitors to our community may need to rely on each other for help in order to meet their immediate life-sustaining needs.



NEMCO CERT TRAINING

NEMCo offers Federal Emergency Management Agency (FEMA) training on a regular basis throughout the year. Examples of the curriculum include:

DISASTER PREPAREDNESS:

Addresses hazards specific to the community. Materials cover actions that participants and their families take before, during, and after a disaster, as well as an overview of CERT and local laws governing volunteers.

FIRE SUPPRESSION:

Covers fire chemistry, hazardous materials, fire hazards, and fire suppression strategies. However, the thrust of this session is the safe use of fire extinguishers, controlling utilities, and extinguishing a small fire.

MEDICAL OPERATIONS:

Participants practice diagnosing and treating airway obstruction, bleeding, and shock by using simple triage and rapid treatment techniques.

LIGHT SEARCH AND RESCUE OPERATIONS:

Participants learn about search and rescue planning, size-up, search techniques, rescue techniques, and rescuer safety.

PSYCHOLOGY:

Covers signs and symptoms that might be experienced by the disaster victim and workers, and addresses CERT organization and management.

SPONSORED BY:



Volunteer Hours Available

FOR MORE INFORMATION
CONTACT US!

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TRIAGE

Medical triage is the key to doing the most good for the most people whenever there are more survivors than rescuers, resources are limited and time is critical. This training provides an overview of the medical triage process and portrays the steps that CERT members need to follow to provide survivors with the most effective lifesaving support available until professional responders arrive on the scene.

**Join us! CERT Meets 7pm, the 2nd Tuesday of the month,
at Fire Station 51 Kenmore Washington
Please consult website for most current information**

TEENS MAKE A DIFFERENCE

NEMCo invites teens to join our CERT classes and participate as members, sponsored by NEMCo and FEMA, CERT is a national program of volunteers trained in disaster preparedness and emergency response. Training teaches students about potential disasters that could affect this area and how to respond safely and responsibly. Through training, Students can serve the community and help take care of their schools and homes. Students will fulfill 24 hours of **Community Service** toward graduation and college applications. CERT training and supporting events occur monthly, which will provide for additional community service hours.

GMRS RADIO

The safety of all CERT members and the ability to communicate with each other is critical so members will learn how to use General Mobile Radio Service (GMS) radios (similar to walkie-talkies, but licensed) to communicate with each other any time they are deployed during field operations. They can communicate the status of victims or situations requiring emergency services by coordinating critical messages through an FCC-licensed amateur radio operator (NEMCo RACES member) so they can be relayed to Emergency Operations Centers to request critical assistance needs. These dual radio strategies ensure that all members can be safely and fully deployed.



OUR COMMUNITY

CERT is one way to supplement NEMCo operations by assisting in public events (such as fun runs), participating in safety workshops, and contributing to discussions about emergency preparedness. These volunteers may also serve as role players in simulated emergencies, acting out a variety of physical injuries to provide a sense of realism for first responder training.

Doing the greatest good for the greatest number in the shortest amount of time!