

Channel	Frequency (MHz)	Radio Service	Max Permitted Power - FRS	Max Permitted Power - GMRS
1	462.5625	GMRS or FRS	2 watts	5 watts
2	462.5875	GMRS or FRS	2 watts	5 watts
3	462.6125	GMRS or FRS	2 watts	5 watts
4	462.6375	GMRS or FRS	2 watts	5 watts
5	462.6625	GMRS or FRS	2 watts	5 watts
6	462.6875	GMRS or FRS	2 watts	5 watts
7	462.7125	GMRS or FRS	2 watts	5 watts
8	467.5625	GMRS or FRS	.5 watts	.5 watts
9	467.5875	GMRS or FRS	.5 watts	.5 watts
10	467.6125	GMRS or FRS	.5 watts	.5 watts
11	467.6375	GMRS or FRS	.5 watts	.5 watts
12	467.6625	GMRS or FRS	.5 watts	.5 watts
13	467.6875	GMRS or FRS	.5 watts	.5 watts
14	467.7125	GMRS or FRS	.5 watts	.5 watts
15	462.55	GMRS or FRS	2 watts	50 watts
16	462.575	GMRS or FRS	2 watts	50 watts
17	462.6	GMRS or FRS	2 watts	50 watts
18	462.625	GMRS or FRS	2 watts	50 watts
19	462.65	GMRS or FRS	2 watts	50 watts
20	462.675	GMRS or FRS	2 watts	50 watts
21	462.7	GMRS or FRS	2 watts	50 watts
22	462.725	GMRS or FRS	2 watts	50 watts
15RP	467.55	GMRS	Prohibited	50 watts
16RP	467.575	GMRS	Prohibited	50 watts
17RP	467.6	GMRS	Prohibited	50 watts
18RP	467.625	GMRS	Prohibited	50 watts
19RP	467.65	GMRS	Prohibited	50 watts
20RP	467.675	GMRS	Prohibited	50 watts
21RP	467.7	GMRS	Prohibited	50 watts
22RP	467.725	GMRS	Prohibited	50 watts

*FCC SAR limit GMRS handheld radios to 5W of power.