

COMMUNITY EMERGENCY PREPAREDNESS WORKSHOP

Mission Objectives: *We are committed to delivering engaging, interactive presentations and demonstrations that equip individuals and families with the essential skills and confidence to act before, during, and after a major disaster or emergency. Through short, impactful sessions, we aim to turn curiosity into capability, transforming families into prepared citizens ready to protect themselves and support others when it matters most.*

Theme: *Empower community members to take protective actions during the critical early hours following an emergency or a disaster.*

AGENDA - December 6, 2025:

- 8:30-9:00 **REGISTRATION**
- 9:00-9:15 **INTRODUCTION/HOUSEKEEPING** - GAIL (15 MIN)
- 9:15-9:55 **PERSONAL PREPAREDNESS** - LISA (30 MIN with 10 MIN Q&A)
Overview on how to make a plan, build a kit and be ready for an emergency or disaster.
See the "Get Ready King County" guide to continue planning after the workshop.
- 9:55-10:15 *DEMO AREA (20 MIN)*
- 10:15-10:55 **FIRST-HOUR POST-DISASTER** - DANNA (30 MIN with 10 MIN Q&A)
Learn how to make time-sensitive decisions in the first hour following an earthquake.
- 10:55-11:15 *DEMO AREA (20 MIN)*
- 11:15-11:55 **BASIC LIFE SAVING FIRST AID** - DAN (30 MIN with 10 MIN Q&A)
Learn lifesaving first aid to save lives in urgent situations.
- 11:55-12:15 *DEMO AREA (20 MIN)*
- 12:15-12:55 **UTILITIES AND FIRE EXTINGUISHER SAFETY** - PAT (30 MIN with 10 MIN Q&A)
When to shut off utilities and proper use of a fire extinguisher.
- 12:55-1:15 *DEMO AREA (20 MIN) and FIRE EXTINGUISHER PRACTICE (outside)*
- 1:15-1:20 **CLOSING WORKSHOP** - KEVIN (5 MIN)

DEMONSTRATION AREAS

This is break time and time to visit any of the demo areas to ask any additional questions about these critical areas post-disaster. Preparedness is a key component!

Water Safety — Food Safety — Waste Sanitation — Go-Bags — Communications/Radio

On behalf of NEMCo and all its volunteers who donated their time and efforts to provide you with the opportunity to learn about important preparedness activities in those critical moments after an emergency we'd like to thank everyone who participated.

SPONSORS:



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**VOLUNTEERS TRAINED TO PROVIDE EMERGENCY
PREPAREDNESS AND AMATEUR RADIO COMMUNICATION
SERVICES TO THE NORTHSHORE COMMUNITIES.**

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