

# WHAT IS NEMCo?

## NEMCo

NEMCo is a partnership among the cities of Kenmore and Lake Forest Park, the Shoreline Fire Department, and the Northshore Utility District. Its purpose is to supplement each of the participating agencies' emergency preparedness by engaging the whole community to prevent, protect, mitigate, respond to, and recover from all types of emergencies and disasters through education and volunteer coordination.



NEMCo sponsors several emergency preparedness seminars and workshops throughout the year for interested community members. These workshops are designed to improve the readiness of citizens by providing tips on emergency preparedness kits, water, food/cooking, and radio communications. There are also opportunities for hands-on training in using fire extinguishers, shutting off utilities, and safe generator operation.

## PREPARDNESS GOALS

### PREVENTION

Prevent, avoid, or stop an imminent, threatened or actual act intended to harm our community.

### PROTECTION

Protect our citizens, residents, visitors and assets against the greatest threats and hazards in a manner that allows our interests, aspirations and way of life to thrive.

### MITIGATION

Reduce the loss of life and property by lessening the impact of future disasters.

### RESPONSE

Respond quickly to save lives, protect property and the environment, and meet basic human needs in the aftermath of a catastrophic incident.

### RECOVER

Recover through a focus on the timely restoration, strengthening and revitalization of infrastructure, housing, and a sustainable economy, as well as the health, social, cultural, historic, and environmental fabric of our affected community.

## GET INVOLVED



### Volunteer Hours Available

FOR MORE INFORMATION  
CONTACT US!

Emergency  
Manager  
Kevin Lowery

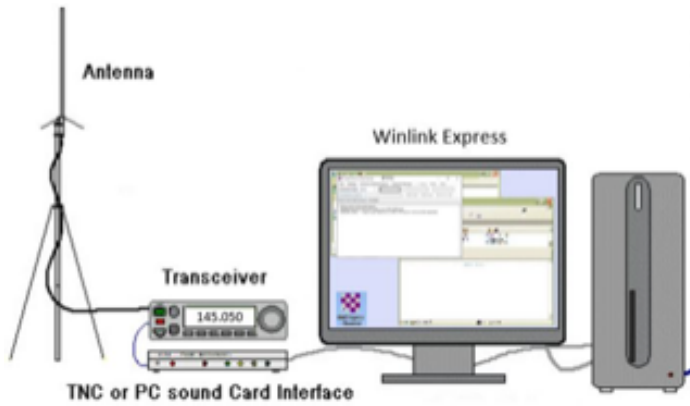


SCAN ME

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## HAM RADIO

The Radio Amateur Civil Emergency Services (RACES) team consists of FCC-licensed amateur radio (ham) operators who may be activated in emergency situations to provide radio communications.

## CERT

The Community Emergency Response Team (CERT) educates and prepares community members about disaster preparedness by training in disaster response skills such as damage assessment, minor fire suppression, sandbag operations, urban search and rescue, disaster first aid, pet sheltering, points of supply distribution, and being a resource to your neighbors. Once certified, CERT members but may be called upon to supplement and assist existing emergency responders during and after natural or man-made disasters.

## OUR COMMUNITY

Community volunteers often assist in public service events (such as fun runs), participate in safety workshops, and contribute to discussions about emergency preparedness. These volunteers may also serve as role players in simulated emergencies, acting out a variety of physical injuries to provide a sense of realism for first responder training.

